SAG

NYWIFT (NEW YORK WOMEN IN FILM AND TV)

WWW.MHAMPTON.COM for updates and reels/clips

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UpCrown Studios; Stephen; Dest, Dir.

Height: 5'7"
Hair: Medium Blonde
Eyes: Blue
Dress: 4

Film - partial list of over 40 credits

My Brother Jack

Blood Bond Hamlet Pictures, Phen Dest Support Few of Many Lead TriFilm Pictures, Adam Mackie, Dir. Mandy Giampaolo, Dir. Lucky in Love Lead Full Moon and High Tide in the Ladies Room – Best Lead AIFF Herflix Prods; Marcia Haufrecht, Dir. Lead Looking for the Jackalope Support Act Zero Films; Karl Shefelman, Dir. LuLu - Best Supporting Actress, First Run FF Support NYU Grad Films; Shawn Snyder, Dir. Treasure Map - Best Lead Actress Lead Off Stage Films; Chris Messineo Dir. What Is NYU Graduate Films: Shawn Snyder. Dir. Lead The Wind Lead Matriarch Mulitmedia Group; Adam Boyer, Dir.

Lead

Things I Don't Understand – Independent Spirit Award Support Wandering Cut Films

The Shade Support Dream Play Productions; Harold Jimenez, Dir.

Uncle Bob Support Abel Ferrara & Automatic Thirteen Prod.s; Bob Oppel

Listown Rock Load Actross

Load Countier One Way or Another Prod.s: Pring Ackley, Dir.

Uptown - Best Lead Actress

Lead, Co-writer
One Way or Another Prod.s; Brian Ackley, Dir.

Pause
Lead
SCAD films Savannah, GA; Shine, Dir.

Imminent Films; Justin Dillard, Dir.

Union
Lead
Sign Post Entertainment; John Rocco, Dir.

Overheard in New York
Lead
Imminent Films; Justin Dillard, Dir.

Fortuges of War - Best Leading Actress
Lead
Off Stage Films; Chris Messineo, Dir.

Fortunes of War - Best Leading Actress Off Stage Films; Chris Messineo, Dir. Lead Modern Times - Best Actress, Lead Dauro Films; Frank Dauro, Dir. Lead Shadows of the Evening - Best Actress, Lead Off Stage Films; Chris Messineo Dir. Lead The Better Born Lead Forgotten Sundays; Robert Lopuski, Dir. Lost & Found Lead Off Stage Films; Chris Messineo, Dir. The Fight Within Support Itchy House Films; Jay Rodriguez, Dir. The Master Plan Support False Idol Productions: John Hurson, Dir.

Theatre

Upright Citizen's Brigade Improv Troupe UCB East

The Red Tie Mafia Improv Troupe The Living Theatre, NYC

Collateral Bodies – World Premier Hope 45th st Theatre, NYC First Foot Theatre Productions

The Vagina Monologues

Lead

Brooklyn Center for the Performing Arts

Terror in Tombtown

Goldie Haunt (Lead, Stunts)

Warner Brothers/Six Flags America

Training

Stella Adler Studio, Brooklyn College - BA in Film and Theatre, Honor's College, Ford Colloquium; continuing studies at Harvard and MIT

Conservatory focus on Acting for Film & TV

Bill Hopkins

Stella Adler Studio of Acting
Improv

multiple

Upright Citizens Brigade

Fitzmaurice Voice Method Adona Butler HB Študios
Continued Studies Improv. Commercial, Voice, Scene Various, NYC

Awards

Awarded Artist's Residency at MIT Media Lab

Best Lead Actress – Festival of Cinema NYC 2019; Best Lead Actress – Bucharest ShortCut Cinefest 2018; Best Supporting Actress - First Run Film Festival 2016 Lead Actress Award -- IndieFest 2011 & 2015;

Best Actress – OutHouse Film Festival, LA; Best Actress – NYC PictureStart Film Festival;

Best Leading Actress - Judge's award NYC Film Race; Best Leading Actress - Audience Award NYC Film Race;

Best Actress in a lead - Movie Making Madness, NYC; Promax World Gold Award - VH1 promo

Scholarships: Ford Colloquium; the Tuch Award for Scholastic Achievement; American Academy of Poets

Special Skills

Languages: Conversational French, Spanish, some Sign Language.

Dialects: American: Southern, New York, LI, Nuyorican, Midwestern; British: Standard, Cockney, Northern, Irish, Scottish: Other: Russian, French, Spanish.

Improvisation, Comedy, Screenwriting, Piano (can read music), Dance (12 yrs study: Jazz, HipHop), Hosting (reel available), poetry composition and performance (published), film critique (BA. film study), stunt fighting, art photography, firearms, fencing, swimming (competitive all strokes), downhill snow skiing (freestyle, slalom), yoga (certified instructor), boxing, cycling, softball, dog training, bartending, general athleticism and biting sarcasm.

Imdb.me/meissahampton

